# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

# **SAULT STE. MARIE, ONTARIO**



# **COURSE OUTLINE**

**COURSE TITLE:** Self and Others III: Helping Relationships

CODE NO.: NURS3206 SEMESTER: 6

**PROGRAM:** Collaborative Bachelor of Science in Nursing

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INSTRUCTOR:

DATE: Sept. 2012 PREVIOUS OUTLINE DATED: June 2011

APPROVED: "Marilyn King" Aug/12

CHAIR, HEALTH PROGRAMS DATE

**TOTAL CREDITS**: 3

PREREQUISITE(S): NURS 2144 COREQUISITE: NURS 3084

HOURS/WEEK: 3

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Self and Others III: Helping Relationships

## I. COURSE DESCRIPTION:

The course provides an opportunity for learners to develop a conceptual and experiential understanding of effective interpersonal relationships. Opportunities are provided for learners to become aware of their interpersonal style as it affects their relationships with clients and colleagues. Through integration of the principles of effective communication, learners participate in initiating, maintaining and bringing to closure caring interpersonal relationships.

# II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

### **Ends In View**

A core premise of this course is that a nurse-patient relationship, based on purposeful and mutual respect, is central to quality nursing care. Although such an orientation was introduced earlier in the program, this course will expand learning knowing 'how' to make purposeful connections with patients living with complex care needs. To accompany a learner's knowing 'how' involves knowing about empirical, theoretical, and ethical models of nursing relational care. In this course, experiential learning activities are designed for learners to acquire insights, identify relational patterns, and make competent nursing decisions in a safe learning environment. Learners are expected to anticipate and manage 'uncertainty' in simulated scenarios through knowledge and reflection. Previous offerings of this course as well as the literature suggest that learners may experience a tension between knowing a 'cookbook approach' and knowing the complexity of relational care (Stein-Parbury, 2005). To manage this challenge, learners are encouraged be prepared for class, work in smaller groups, participate in simulated scenarios, and to ask questions of the Course Professor during class.

#### **Process**

The two core features of this course are knowing 'what' and knowing 'how.' To be successful in this course, learners are required to blend both types of knowing when they assume the role of nurse in the simulated scenario. Empirical, theoretical, and ethical relevant literature will accompany each relational concept. Relevant literature will be facilitated by a combination of preparatory work, class discussions, case studies, simulated scenarios, presentations, and individual study. The literature will also assist learners in the being-in-relation with a role player as patient. Throughout the course, learners will be invited to share clinical experiences from their practice to illustrate relational concepts. The learner's simulated scenario, in comparison to a class discussion or presentation, has a greater potential to enhance the learner's observation of self-as-nurse and to reflect upon the salient features of competent and purposive relational care.

Relationships

# III. TOPICS:

Please refer to the Course Syllabus for a breakdown of what we will be covering each week as well as prep work.

# IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Relevant articles specific to topic areas.

American Psychological Association (2010). *Publication manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, DC: Author

A communication skills text of your choice.

### V. EVALUATION PROCESS/GRADING SYSTEM:

Critical Analysis: From the Lens of Another 60%

Aesthetic Project: 10%

Putting it All Into Praxis: 30%

Please refer to the Course Syllabus for additional information regarding assignments and rubrics.

The following semester grades will be assigned to students:

<u>Grade</u>	<u>Definition</u>	Grade Point Equivalent
A+ A	90 – 100% 80 – 89%	4.00
В	70 - 79%	3.00
С	60 - 69%	2.00
D (Fail)	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical	
U	placement or non-graded subject area. Unsatisfactory achievement in field/clinical placement or non-graded subject area.	

X A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the

requirements for a course.

NR Grade not reported to Registrar's office.
W Student has withdrawn from the course

without academic penalty.

Note: Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.

## VI. SPECIAL NOTES:

#### Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

### VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.